



*"The Preferred Soccer Experience of the Central Shenandoah Valley"*

### **SVU ACADEMY PROGRAM ([WWW.SHENVALLEYUNITED.COM](http://WWW.SHENVALLEYUNITED.COM))**

The Academy will provide coach certified, age appropriate, and advanced level training for U9/U10 players that demonstrate a passion, ability, and willingness to participate in a fun and competitive soccer environment. The Academy Curriculum is focused on bridging a player's introductory recreation soccer experience through current age appropriate technical and early tactical level developmental guidelines in order to support players in reaching the highest level of soccer to which they aspire.

#### **Team Selection, Developmental Guidelines & Competition Schedule:**

##### **Player Selection:**

- Two U9 and two U10 teams will be selected during the tryout process.
- 10-12 players will be selected per team in a tryout format.
- Spring tryouts will be held only as needed to fill vacant spots.
- Players will be selected for the Fall and Spring Seasons during the May Travel & Academy Tryout Session.
- The selection target is age pure. However, periodic exceptions may be made at the discretion of the Academy Director/DOC and with approval of the Board of Director's Member supervising Academy.
- Spring Open Tryouts will be held only to fill open roster spots vacated by non-returning players from the Fall Season.

##### **Competitive Schedule:**

- The Academy will strive to provide competition for players on a bi-weekly basis.
- Up to 4 Academy Festivals per season
- 1 Tournament per traditional season (other voluntary tournaments possible as recommended by the Academy Director/DOC)
- Up to 4 friendlies that would include local games and duel Academy play days.
- Matches & friendlies will be scheduled by the Academy Director and/or Academy Administrator.
- Additional playing opportunities: Players seeking every weekend competition are encouraged to enroll in SVU's recreation program.

#### **IS THE SVU ACADEMY THE RIGHT FIT FOR YOUR CHILD?**

##### **Academy players...**

- Show a love for the game of soccer
- Commitment to year-round development
- Training to have fun, develop and compete
- Respect their coaches and pride themselves on being good listeners
- Help one another learn
- Arrive to practice early and ready to play!

**Academy parents...**

- Are expected to understand the developmental goals of their Academy players.
- Support & cheer Academy Players on in a developmentally appropriate manner.
- Are expected to be a part of the Academy Team and to volunteer in some capacity.

**ACADEMY GOALS:**

- To provide a bridge from SVU Recreation Soccer to SVU Travel Soccer.
- A positive, educational, and fun soccer experience.
- Appropriate soccer development opportunities for every player within the context of the SVU coaching philosophy.
- Each player is trained by certified, Academy staff coaches twice a week.
- Inspire and prepare young players to attain their soccer goals and to compete at a high level (SVU Travel, High School, College).

**ACADEMY STAFF**

- **Academy Director & SVU Director of Coaching - Nora Maguire White:** Maguire White has over 15 years of coaching experience at the collegiate, high school, and youth levels. Maguire White has been educating coaches as a National Soccer Coaches Association of America (NSCAA) National Academy Staff Coach since 1998.
- **Selected Staff Coaches trained specifically in the Academy curriculum.**
- **Academy Administrator – Rebecca Poma.** One year Academy Coordinator and eight years administrative & volunteer support service experience.

**TRAINING:**

- Two, 90-minute training session per week
- 3<sup>rd</sup> Night Training Optional

Academy style training twice a week means:

- 1 player, 1 ball, maximum touches every training session
- Small-sided games every training session
- Compete. Work Hard. Have Fun!

**HOME GAMES LOCATION:**

- Home games are played almost exclusively at Smithland Soccer Complex, occasionally at Monger Field

**FEES:**

- Fall 2010-Spring 2011: To Be Determined prior to tryouts